

# CORONAVIRUS NEWS

The 2019–20 coronavirus pandemic is a pandemic of coronavirus disease 2019 (COVID-19) caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The disease was first identified in Wuhan, Hubei, China in December 2019.

## Symptoms:

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- Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have **COVID-19**: Cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, new loss of taste or smell.
- **Incubation period:** 1-14 days

## Mode of transmission:

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- Human-to-human transmission via respiratory droplets

## Prevention tips:

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- Avoiding close contact with sick individuals. Quarantine if you are exposed to a sick person
- Wear a mask or face covering while in public settings or in close proximity to others
- Frequently washing hands with soap and water for 20 seconds or more
- Not touching the eyes, nose, or mouth with unwashed hands
- Practicing good respiratory hygiene
- Avoid large crowds or social gatherings
- Limit or do not have visitors in your home
- Maintain social distance (stay 6 feet from others)
- Limit traveling
- Avoid going to medical facilities, nursing homes or hospitals if you are not receiving services

